



SIX SENSES SPA
HUA HIN

4th Annual Festival of Yoga, June 2017 Teachers Training and Intensive Yoga Retreats at Evason Hua Hin

*Learn the necessary skills to teach yoga in a supportive, fun and safe way.
Deepen your understanding of Hatha yogic practices and impart the training on group and individual levels.*

6-night Yoga Retreat June 17 to 22, 2017

Single USD 1,210 / Double USD 1,990

Tuition 16 hours
Evason Room for 6 nights (options to upgrade)
Half board
Two hours of spa treatments

28-night Yoga Alliance Certified Yoga Teacher Training 200 hours*

June 2 to 29, 2017

Single USD 3,700 / Double USD 5,800

Tuition 200 hours
Yoga Teacher Manual
Practical sessions (110 hours)
Yoga philosophy (30 hours)
Teaching methodology (25 hours)
Teaching practices & evaluation (13 hours)
Evason Room for 28 nights (options to upgrade)
Half board & soft beverages at meal times
Three hours of spa treatments
Welcome gift

**Excludes Yoga Alliance certificate (\$100)*

About the Yogi

Acharya Vinay Chaitnya was initiated into the yogic discipline by Acharya Ghanendra Kaushik and blessed by the revered guru Shri Rudranath ji of Himalayas in yogic and tantric traditions. He completed his teacher training at the Yoga Vidya Gurukul in Nasik and also holds a Master's Degree in Yogic Sciences from the University of Sanskrit in Rishikesh. His teaching method is based on an understanding of each student before teaching them to master the alignment and accuracy of every element of yoga practice. Vinay has worked for many years at world number one destination spa, Ananda in the Himalayas before opening his own yoga ashram in Rishikesh, the birth place of yoga.



Six Senses Spa Hua Hin

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